VICTOR BODYWORK

Personal Training & Yin Yoga

Sessions, packages & booking details

60-minute sessions	Per session	Total	Validity
Single session	£100	£100	Agreed date
10 sessions	£90	£900	12 weeks
20 sessions	£80	£1,600	24 weeks

Packages are paid in full upfront. You may mix Personal Training and Yin Yoga sessions within a package. We agree your appointment schedule and package start and end dates before payment.

Package validity

Your 10-session package is valid for 12 weeks; your 20-session package for 24 weeks, starting from the first session. All sessions must be completed within the agreed period. Unused sessions expire, with no paid extension or carry-over. Continuing requires a new package.

Your regular appointment time

Your agreed regular time is reserved for the duration of your package. To keep that time afterwards, a new package must be agreed and paid for before the current package ends. Otherwise, the time becomes available to other clients.

Rescheduling & cancellations

Please give at least 48 hours' notice to reschedule. Replacement appointments are subject to availability and must fall within the original package period. Cancellations with less than 48 hours' notice and missed appointments count as a used session.

If I need to change an appointment

If I cannot provide an agreed appointment, I will arrange a replacement or extend the package validity accordingly.

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